



Suffolk Coalition of Disabled People  
Room 4, Castle Hill Community Centre  
Ipswich IP1 6DG



K.I.T

Would you like a regular friendly chat, or do you know someone who would? Alternatively, would you like to have an online chat.

KIT (Keep in Touch) is a service which offers exactly that, because we understand that, in these times, there isn't the opportunity to have so much contact with the people who would normally make a difference to our day.

So, if you feel that this is for you:

Phone 07708 473197

For online chat Email [Brenda.joyce@scodp.org.uk](mailto:Brenda.joyce@scodp.org.uk)